



# SCHOOL SHMOOZE

לקראת שבת פרשת נצבים-וילך ה'תשפ"ג-ג' שנת הקהל

Vol 21 #01

Dear parents of the BCM family,  
ברוך שהחיינו וקימנו והיגענו לזמן הזה! It was with tremendous excitement that we were able to welcome our Talmidos this past Monday. After a summer of hard work and lots of preparations, we are grateful to the רבונו של עולם and to our Rebbe for the abundance of Brochos we have been experiencing throughout the summer to be able to prepare for such a warm back to school!

Hashem Himself will be bentching this month while us Chasidim will be saying Tehillim  
**THIS שבת מברכים תשרי!**

Talmidos from grades 1-6 received their Tehillim Quota cards. Please check your daughter's card before Shabbos. This way, you can modify her Tehillim quota if you need to do so. This can be done by logging into your Tzivos Hashem parent account.

**Talmidos you CAN do this!** Talmidos who will bring back their Tehillim cards and complete their quotas will receive a CAN of Nestea IyH.

**Talmidos from grades 7&8:** Don't forget to say your Tehillim and bring back your form after Shabbos! 30 minutes, you get a can of Nestea. 40 minutes, enter raffle #1. 1 hour, enter raffle #2!

The Tehillim prizes for this week are sponsored by the Stevens family נשמת דרורית בת לעלוי. Thank you for your sponsorship!

If you'd like to have the Zechus to sponsor Shabbos Mevorchim Tehillim prizes or other great incentives and programs, please contact Rabbi Vidal rabbividal@bcmschool.ca for more details

## Welcome new families:

I'd like to extend a warm welcome to the families that joined BCM this year:  
Cagen family, Freund family, Grossbaum family, Kasle family, Sakovich family, Vorovitch family and the Warmflash family.

## Welcome new staff:

I'd like to welcome Mrs. Binshtock, Miss Shaina

## כ"ב אלול תשפ"ג

The month of אלול, especially the Days of Awe, is the time dedicated to sincere introspection and a careful and honest examination of the record of the outgoing year, with a view to the proper deductions and resolutions which are to regulate one's personal daily life, as well as that of his home, and all his affairs in the year to come.

Moreover, these are exceptionally propitious days, days permeated with the core of the תהילים recited twice daily: "בקשו את ה' אלהיכם בכל יום את פני ה' אבקשו".

Search for the innermost and the profound within you; seek out also the inwardness of everything around you, the soul of the universe; search for and bring to light the G-dliness that animates and pervades the world!

Both aspects - the honest self-appraisal and the search for the inner essence of things - are interrelated and interdependent.

In evaluating the results of the outgoing year, one is very prone to err by taking into account only the external, both in himself and in the environment. In doing so, one is on equally treacherous grounds in regard to setting the pattern of daily living in the year to come.

To forestall this misleading approach, these auspicious days sound their message and challenge: Do not sell yourself short! Do not underestimate your capacities and abilities!

For, no matter what your spiritual "stock-in-trade" is, your "visible assets" - the existing possibilities that you have to conduct your life in accord with the teachings of our מנחת חינוך, how formidable is your strength of character and your ability to cope with a frustrating environment, and with undaunted perseverance to follow the path of the תורה and its מצוות, much greater and richer are your "hidden reserves" of powers to create new possibilities, and of inner qualities giving you the ability to overcome obstacles and to shape your life and the lives around you to be in harmony with truth and goodness.

In order to reveal and apply these powers, however, it is necessary that you search for and release your potential forces. But you are promised: "ומצאתי כי תדרשנו בכל לבבך ובכל נפשך".

What has been said above is more especially and more fully applicable to those who occupy positions of spiritual leadership and influence, from the rabbi of the community down to the individual parent who sets the pace of the spiritual life of the household and family.

All too often do we see them stymied by doubt and fear, afraid to use, what seems to them, a strong word or excessive demand lest they might alienate, instead of attract.

To them these days address themselves with this message and challenge: Search inwardly; seek deeply and you will unravel the innermost treasures of those whom you would lead and inspire; evaluate them not externally, but according to their inner resources, according to the capacity of their soul, the veritable spark of G-dliness from Above.

For with the right approach and by indefatigable effort you will be able to uncover and activate in everyone his inner spiritual resources, so that he begins to animate his daily life.

Have confidence in your fellow-Jew and give him what he, as a Jew, truly expects from you: the whole תורה with all its precepts, unvarnished and untarnished, as it was given from Sinai, in its true eternity, for the תורה eternal for all times and places.

Only through this approach can one attain a true estimation of oneself and of those who look up to you for guidance and leadership, a true estimation that will make the year a full year - full in content and achievement commensurate with your fullest resources, and also full of "נש" blessings, materially and spiritually.

חתימת יד קדשו

Bracha Landa, Miss Hadassa Zirkind, Mrs. Sarale Zaltzman, Miss Perel Goldstein, Miss Chanchie Gorman, Miss Sarale Sosover, Miss Mushky Laker, Miss Ahuva Gestetner, Miss Rena Wellman and Miss Tamara Shane. May you have much Hatzlacha in your respective positions!

### First day of school:



Bright and early on Monday morning, a beautiful display with balloons was setup to make the welcome back to school an exciting one for our students. I'd like to thank Mrs. Chana Gansburg and Mrs. Garbman for heading the PTA and making the welcome back to school such a warm, inviting and exciting experience for our students. Between the gifts that every student received from the PTA as well as the beautiful décor, messages and treats in the teachers' room, everyone felt welcomed and happy to be a part of the BCM family. A big Yasher Koach goes to Mrs. Gansburg and Mrs. Garbman for putting it all together. Mrs. Gansburg and Mrs. Garbman have been hard at work planning all kinds of amazing projects that will directly benefit our Talmidos and they deserve a huge Yasher Koach!

As it is stated וכל מי שעוסקים בצרכי צבור באמונה  
...שכרם ישרם...  
May the Zechus of dedicating your time to Hashem's kinderlach bring you much Hatzlocho in all your endeavours. Photos in pages to follow

Any mother who wants to get involved in the PTA, please contact Mrs. Gansburg or Mrs. Garbman. You can email [bcmmothers@gmail.com](mailto:bcmmothers@gmail.com)

### Thank you BCM Teachers and staff!

I'd like to thank our team of dedicated BCM staff who worked tirelessly over the last two weeks to setup their classrooms and prepare for the arrival of our students. The school looked so bright, fresh

and inviting for the students to come and settle back into another year of learning and growing.

### Staff contact info:

The parent teacher partnership is crucial to every child's growth. As such, we have setup a school email account for everyone of our staff members so you can communicate with them when you'd like. Please utilize this method to communicate with your daughter's teachers. If you'd like to schedule a phone call with a teacher, please email her and schedule the call at a mutually convenient time. Please be mindful that teachers all have busy schedules and cannot be readily available to answer phone calls and messages at all times. As well, contacting teachers on whatsapp or text is not effective and can lead to unnecessary miscommunication. Please see the contact info at the end of the newsletter.

### Birthday policy:

Your daughter's birthday during the school year should be celebrated with a *farbrengen* during class time. **Only donuts or cupcakes from a nut-free bakery** (My Zaidy's, Grodzinskis, Hermes, Richmonds, Amazing Donuts) **will be allowed**. The birthday girl will not be allowed to distribute *pekelach* of any sort to her classmates. The teacher must be given 3 days advance notice. The student should be prepared with coins for *tzedaka* to distribute to the class and a *dvar-Torah*. A *chassidishe farbrengen* will then take place in accordance with the Rebbe's instructions. **Birthdays should not be celebrated with classmates at home.** A "בן-ביום חסידישע מלווה מלכה

**BCM CHIDON POLICY FOR 5784:** This year, we want **every student from grades 4-8** to sign up for Chidon. There is a track for **every** student and we will require parents to sign up their daughter(s). You can do so by logging into your parent account [mashpia.com/mobile](http://mashpia.com/mobile). If you are experiencing any difficulties with this, please contact Rabbi Vidal [rabbi-vidal@bcmschool.ca](mailto:rabbi-vidal@bcmschool.ca)

### Drop off and pickup reminders:

School begins at 9:00 for all grades. Carpools can drop off from **8:45-9:00**. For the safety of the children, please follow the directives of the

supervisor and adhere to the following carpool safety rules:

When dropping off in the morning and picking up at the end of the day (3:55– 4:10)

-enter from the driveway closest to Shepard (2nd driveway when coming from Thornhill)

**-Drive around the building. When driving around the building please drive S-L-O-W-L-Y!**

**-No dropping off or picking up in front of the building during those times** as this will create the need to reverse and can be very dangerous. **This is SAKANOS NEFASHOS!!!** Additionally, you will most likely be blocking traffic and the buses who need to drop off and pick up in front of the building. If you are dropping off a preschool child and would like to accompany them to the classroom, please park your car and do so. –If you are doing a 2:30 carpool, you may park in front of the building and pick up your child.

-If you made arrangements for someone to pick up your children or carpool please notify the office. We will not release any student if we don't have parental consent. When calling, specify the name of the driver as well as the kind of car they will be driving.

If a child is brought to school after 9:00, she must receive a late note to be admitted into class. Studies show that late arrivals to school has an overall negative impact on a student, from her self-esteem to her academic performance. Please do all that it takes in order for your child to be on time to school.

#### **Enhancements for 5784:**

The **עולם של רבנו** gave us a gift to be able to have new beginnings. New beginnings motivate growth and many positive changes. At BCM, we utilized our summer months to assess the needs of our Talmidos and create the changes necessary to empower them to grow and succeed.

**We are excited to welcome Miss Tamara Shane** as our BCBA therapist in the school. An email was sent with a request for feedback from the parents. Thank you to the parents who completed the form. We'd like to hear from you what areas you feel Miss Shane's expertise can benefit the students. Please see more on this in the upcoming pages.

Some of our grades are BH very large in numbers, we are still concerned about the success of the in-

dividual student. To that end, we are continuing with additional **Chumash classes** in order to **meet the needs of every student** and empower them with the necessary skills to succeed on an academic level as well as build self confidence. **Mrs. Labkowski** will teach the Chumash classes to grades 6&7 and **Mrs. Doron** to the grade 8 Talmidos. We wish them much Hatzlacha in their positions!

#### **Chayolei Tzivos Hashem/Chidon:**

- 1) Welcome to our 1st grade Chayolos! We wish you much Hatzlocho in completing your missions!!!
- 2) I'd like to welcome Miss Chanchie Gorman and Miss Sarale Sosover who will be our Bnos Chabad Heads this year! Together, they will infuse all our Talmidos with Chayus and increase their Hiskashrus through various programs, activities and incentives.
- 3) All our Talmidos from grades 1-5 as well as some of the grade 6 Talmidos were registered for Chayolei Tzivos Hashem. Please go to your online account and make sure to complete your missions daily.
- 4) **Mission Marathon** important reminder: In order to be part of the weekly 5m raffle: you must check off this mission daily on your TH account.

6) **Chidon registration for grades 4-8** will open on Sunday IYH. The last day to register for the early bird deadline is **THIS Tuesday כ"ו אלול/September 12.**

The sooner you register the sooner you will get your study guide. Books can be purchased through Mrs. Gansburg at the Lubavitch Library or Yaakov Gryn or from Geulah supplies. **Please do not purchase books from Tzivos Hashem** when you sign up your daughter as it will take a very long time for your daughter to get her book. You may want to consider borrowing a book from a student in an older grade who no longer needs the book your daughter will need to study with.



## Grade 1

My name is Mrs. Shur. I am teaching Kita Aleph. The girls walked in fresh and eager, anticipating their first day as big maidelach starting elementary school. They each sat in their own desks, they got to use their own supplies, and accomplished so much in their first week. We learned all about Chodesh Elul, about the Melech Basodeh, and about giving in mezuzos and Tefillin to be checked. We also learned about writing a Pan before Rosh Hashana and to wish everyone a Ksiva Vachasima Tova! I really enjoyed teaching your daughter's this week! Looking forward to the rest of the year! Thank you Mrs. Shur

Welcome to First Grade! My name is Mrs. Landa and I'm teaching English studies. This week we learned all about our classroom community and expectations. We also began learning the Alphabet. We really enjoyed the various centers we got to explore to reinforce our new letter. It was a great first week together and I'm looking forward to a wonderful year! Thank you Mrs. Landa



## Grade 2

I am so excited to be teaching Grade 2A Limudei Kodesh. This week we began learning Perek Yud Beis in Chumash. We also are working on our Rosh Hashana booklet. We sang the first of our weekly Yiddish songs. I really enjoy teaching your daughters. Looking forward a successful, happy year. Thank you Mrs. Rosenfeld

Welcome to Grade 2B! We were so excited to get right into learning Chumash this week, as we practiced our Shoroshim using motions! We've also been busy learning about the 3 steps of Teshuva and the different Minhogim of Chodesh Elul. Good Shabbos, looking forward to a wonderful year with your daughters! Thank you Miss Landa

It was so wonderful getting to meet the grade two girls! We are off to a wonderful start! We reviewed the vowels and consonants. We read and analyzed two short poems. In math we did some simple addition and subtraction equations. Looking forward to a wonderful year! Thank you Mrs. Perl



## Grade 3

Welcome to our fabulous Chumash artists 5784! We spent the week meticulously introducing ourselves to some of the many different components that we will be mastering over the course of the year. We got to use the smartboard in various creative ways, and our highlighters, binders, and index boxes are already hard at work! This week we explored the power and relevance of Chodesh Elul. Looking forward to a fantastic year ahead! Thank you Mrs. Rabiski

Welcome to Kita Gimmel! What a packed first week we had, we discovered the treasure that each of us have under our very own 'bridge'. We began learning this treasure - Chumash with reviewing our סופיות & תחיליות using our Chumash bookmark, and apple and orange fruit baskets. We explored different minhagim and ideas behind the significance of the month of Elul, one of our highlights was demonstrating the 4 steps of Teshuva! Ask your daughter to share the story of the Galach and the Baal Shem Tov illustrating the great power that our Teshuva has. It was such a pleasure meeting your daughters and I look forward to a wonderful rest of the year. Have a good Shabbos! Thank you Miss Goldberg



B"H it's been a wonderful first week of 3rd grade general studies! We spent our first week getting settled into our class routine and reviewing our all around calendar and math basics. The girls also wrote their very first journal entry of the year, and did a great job reading them out loud for the class! We introduced our first spelling lesson and played a few games to



keep the learning and memorizing fun!

Looking forward to a great year ahead! Thank you Miss Zirkind

## Grade 4

Grade 4 began the year amazingly! With getting settled into our routine we still managed to get a lot of work done b'H! Looking forward to continued positive behavior and accomplishments this year! Mazel tov to Toby Marmulsteyn, our first star of the week! Thank you Mrs. Doron



## Grade 5

What a wonderful start to the school year! We began by creating a beautiful sign for our door. It will be a reminder each morning, how we are each individuals with special and unique qualities, yet are an integral and important part of the class. We began, שמות, ספר and learnt of 'ר's love for the Yidden, by counting them as one would count diamonds. We are as well preparing ourselves for נוראים by learning the הלכות ומנהגים and hearing stories / משלים. Have a good Shabbos! Thank you Mrs. Zaiontz

## Grade 6

Welcome to Kita vov! We BH had a wonderful start, and spent time learning about Elul and how to properly prepare ourselves for Rosh Hashanah. Looking forward to a successful year. Gut Shabbos! Thank you Mrs. Karpilovsky



## Junior High Grades

My name is Miss Friedberg, I am teaching grade 7 Limudei Kodesh this year. We will be learning Navi, Shmuel Beis, Halacha pertaining to the upcoming Yomim Tovim, Hilchos Brachos and weekly Parshas Hashavua. It was a great pleasure to meet your daughters this week! We started by going through some of the Halachos and Minhagim in Chodesh Elul. I am very much anticipating an exciting year with my grade seven girls! Thank you Miss Friedberg

Welcome to 7th grade! This week was a packed week, starting with Chai Elul. We learnt about the Baale Shem Tov and the Alter Rebbes lives. Learning about our Rabbeim on special days is a 7th grade highlight. It's been only 1 week and the girls for right into the swing of things. From presenting Hayom Yom in filling out notes, the girls displayed resoplosibility and readiness to learn. Please ask your daughters to share one of the many stories she heard this week. Chassidishe stories play a very important role in our classroom. Davening time is used very well in this class, with time for Hachana Letfilla, followed by a beautiful davening. In just a few days the girls have progressed in their focus and Chiyus during davening. We had a fascinating class explaining why we learn Chumash and what happens when we do. Now we will make sure to spend our chumash time to the utmost. We've started Perek Aleph and spoke about why Hashem counts the Yidden so often. Ask your daughters to share Rashi's answer and the lesson for us nowadays. We were introduced to Enduring Knowledge, a very fundamental part of 7th grade Chumash. Stay tuned for more. We learnt a beautiful Sicha in preparation for Rosh Hashana to share at the Yom Tov table. There is so much to look forward next week Bez'H! Thank you Mrs. Zaltzman

## BCM Tzivos Hashem



Mazel tov to our winners for the Chai- Elul Raffle, Mushka Overlander and chana Pella Vechter!! Good job to all the girls who filled out the answer and gave it in!!! Sign up for Chidon is now open!! This Shabbos is Shabbos Mevarchim! We encourage the girls to say Tehillim. If your daughter is in Tzivos Hashem, she received her quota. Junior High has their own Tehillim program as well. Whichever girls bring It back on Monday will receive a special treat! Thank you Miss Gorman and Miss Sosover



# M'Chayil El Chayil

## A Note From the Remedial Department.....

Welcome back BCM talmidos! What a special week it was seeing everyone's beautiful smiling faces. I hope you all had a relaxing and enjoyable summer and are ready for another amazing academic year at BCM. It was so exciting to see how many girls worked on their grade level Summer Review Math Packets. Here in the M'Chayil El Chayil Resource Department, we are feverishly busy marking the booklets so we can return them to the talmidos with a well-deserved prize.

M'Chayil El Chayil Remedial department has lots of exciting announcements to share with you! We would like to welcome our newest member to the department, Mushky Lakher. We are so excited to have you aboard, and the talmidos are looking so forward to working with you. Over the summer we have excitedly been working on a new Math Curriculum we are sure will excite parents, teachers and students alike. It is fully comprehensive and aims to enrich and enhance your daughter's math experience at BCM. Please feel free to ask your daughters about it or reach out to me at any time. We are currently working hard on scheduling to ensure we can assist and support all the girls who require our services to ensure no students fall through the cracks.

If you ever have any questions or concerns, please feel free to email me at [mrsgabay@bcmschool.ca](mailto:mrsgabay@bcmschool.ca). I'd love to hear from you! Wishing all our BCM families much hatzlacha this year!

## Tip of the Week

### Hope is Not a Strategy for Success

Hope springs eternal this time of year. Talmidos are returning to school with new school supplies, a clean slate, and likely some excitement and nervousness for their step up to the next grade. With a fresh start, many girls return committed to "do better." Whether that's tracking their homework consistently, creating and sticking to an organizational system, not procrastinating (as much), or practicing self-advocacy with their teachers, talmidos and their parents are hopeful that this will be the year it clicks and comes together.

However, hope alone isn't enough to affect change or influence outcomes. Hope needs a partner: ACTION. To accomplish any of their goals and sustain new habits, our girls must have a plan. Saying "I will do better" isn't enough to get it done. Success requires consistent effort, practice, and follow through. As the school year gets underway, keep in mind that while your daughter may have every intention (hope) of following through on all of the goals she sets, she may not have the tools or skills in place to see them through to fruition. Hope is a powerful motivator, but it's only a preliminary step to being successful. Help her set mini-goals to help bring the bigger goals to fruition. For example:

"I'm going to keep better organized this term" is a good idea, but it's only a hope without a plan. Better is: "I'm going to set aside time on Sunday nights to go through all my binders and file away loose papers where they belong and recycle papers I don't need anymore."

"I'm not going to procrastinate" is an amazing goal, but it's not realistic. Procrastination is managed, not fixed. Better is: "When a large assignment is given, I'm going to take a few minutes after school to review the directions and break it up into smaller, more manageable, chunks."

With actionable plans and good habits in place, hope can become reality for all our BCM talmidos. Wishing all of our BCM families a successful and meaningful year of growth and change!

*Hatzlacha Raba!*

Thank you,  
Mrs. Gabay

**I'd like to wish the BCM family a Gut Shabbos and a כתיבה וחתימה טובה!**

Rabbi Vidal

Dear Parents, שיחיו,

At Bais Chaya Mushka we're not just about academic excellence; we're about fostering a supportive, caring, and inclusive environment where every student's mental health and emotional well-being take center stage. We are excited to announce a significant step forward in our commitment to our students' holistic development.

We've brought on board Tamara Shane who is a dedicated Board Certified Behavior Analyst (BCBA) therapist to provide personalized support for our students. Tamara's expertise will empower our students to navigate social interactions with confidence and resilience, ensuring that no one feels left behind.

Tamara's approach is as unique as it is effective. She breaks down complex skills into manageable parts, ensuring that each child gains a clear understanding of the concepts she teaches. Through engaging activities, role play, thoughtful discussions, and more, Tamara empowers students to acquire vital life skills.

About Tamara Shane: Tamara is not just an expert in her field; she's a passionate advocate for your child's social, emotional, and behavioral development. With extensive experience in both school settings and private practice, Tamara has worked with children of all ages and abilities, consistently achieving remarkable success.

Areas of Expertise: Tamara specializes in a wide range of areas, including emotional regulation, decoding social cues, bullying prevention, fostering perseverance, boosting self-confidence, and nurturing friendship development. With warmth, enthusiasm, and a dash of fun in every session, Tamara creates an environment where each child can truly thrive.

We're honored to have Tamara Shane on our team, dedicated to helping our BCM girls flourish and become their very best selves (See Tamara's message to our BCM Talmidos below).

Join us on this exciting journey as we continue to prioritize our students' emotional well-being, promoting not just academic success but lifelong happiness. At Bais Chaya Mushka, we believe that when we care for the whole child, we prepare them not just for the challenges of today, but for a brighter tomorrow. Together, we're shaping compassionate leaders and confident learners, one caring step at a time.

We welcome you to join us in making a profound impact on your child's future by sharing your feedback with us. We've created a form that we'd like you to complete so we can hear from you, our partners in your daughters' Chinuch, what areas the therapist can focus on to maximize your daughter's experience at Bais Chaya Mushka. See your email to complete the form.

In the coming days, we will share Tamara's contact in-

formation.

Thank you for entrusting us with your daughter's Chinuch,

כתיבה וחתימה טובה!

Rabbi Vidal

*Tamara Shane's Message to Our BCM Girls: "I love working with children and believe in bringing warmth, enthusiasm, and fun into each session. My goal is to help every child reach her full potential and feel confident in being 'The best Me that I can be.' Together, we'll embark on a journey of self-discovery, growth, and empowerment."*

#### CALENDAR REMINDERS:

FRIDAY כ"ט אלול / SEPTEMBER 15—EREV  
ROSH HASHANA—NO SCHOOL

MONDAY ג' תשרי / SEPTEMBER 18— TZOM  
GEDALIAH—NOON DISMISSAL FOR ALL STUDENTS

MONDAY י' תשרי / SEPTEMBER 25—YOM  
KIPPUR—NO SCHOOL

TUESDAY י"א תשרי / SEPTEMBER 26—SCHOOL  
RESUMES @10:00 AM

THURSDAY י"ג תשרי / SEPTEMBER 28  
THROUGH MONDAY כ"ד תשרי / OCTOBER  
—9 SUKKOS BREAK—NO SCHOOL

TUESDAY כ"ה תשרי / OCTOBER 10—SCHOOL  
RESUMES

MONDAY א' מרחשון / OCTOBER 16-PIZZA  
LUNCH GRADES 1-8

TUESDAY ב' מרחשון / OCTOBER 17-  
CURRICULUM NIGHT



Grade	Teacher's name	Email address
JK Morah (AM)	Mrs. Nechama Oster	mrsoster@bcmschool.ca
JK Morah (PM)	Miss Liba Shur	misslshur@bcmschool.ca
PRE1A Morah (AM)	Mrs. Miri Kamman	mrskamman@bcmschool.ca
PRE1A Morah (PM) and aftercare	Mrs. Dini Goldstein	mrsgoldstein@bcmschool.ca
Grade 1 Limudei Kodesh	Mrs. Rochel Leah Shur	mrsshur@bcmschool.ca
Grade 1 General Studies	Mrs. Rivka Landa	mrslanda@bcmschool.ca
Grade 2A Limudei Kodesh	Mrs. Mimi Rosenfeld	mrsrosenfeld@bcmschool.ca
Grade 2B Limudei Kodesh	Miss Shaina Bracha Landa	misslanda@bcmschool.ca
Grade 2 General Studies (rotating)	Mrs. Deenie Perl	mrssperl@bcmschool.ca
Grade 2 General Studies (rotating)	Miss Shoshana Gestetner	missgestetner@bcmschool.ca
Grade 3A Limudei Kodesh	Mrs. Sarale Rabiski	mrsrabiski@bcmschool.ca
Grade 3A General Studies	Mrs. Gabriella Abraham	mrsrabraham@bcmschool.ca
Grade 3B Limudei Kodesh	Miss Tzirel Goldberg	misstgoldberg@bcmschool.ca
Grade 3B General Studies	Miss Hadassa Zirkind	misszirkind@bcmschool.ca
Grade 4 Limudei Kodesh	Mrs. Sarale Zaltzman	mrsszaltzman@bcmschool.ca
Grade 4 General Studies	Mrs. Debbie Doron	mrsdoron@bcmschool.ca
Grade 5 Limudei Kodesh	Mrs. Yehudit Zaiontz	mrszaiontz@bcmschool.ca
Grade 5 General Studies	Miss Estee Goldfischer	missegoldfischer@bcmschool.ca
Grade 6 Limudei Kodesh	Mrs. Henya Karpilovsky	mrskarpilovsky@bcmschool.ca
Grade 6 Math	Mrs. Sara Pugen	mrspugen@bcmschool.ca
Grade 6 English Language / Social Studies	Mrs. Menucha Lavner	mrslavner@bcmschool.ca

Grade	Teacher's name	Email address
Grade 6 and 7 Chumash	Mrs. Labkowski	mrslabkowski@bcmschool.ca
Grade 7 Limudei Kodesh	Mrs. Mushky Zaltzman	mrsMZaltzman@bcmschool.ca
Grade 7 Limudei Kodesh	Miss Elisheva Friedberg	missfriedberg@bcmschool.ca
Grade 7 Math	Mrs. Chana Kopstick	mrskopstick@bcmschool.ca
Grade 7 History/Social Studies	Mrs. Sara Pugen	mrsPugen@bcmschool.ca
Grade 7 English Language	Mrs. Ester Zirkind	mrszirkind@bcmschool.ca
Grade 8 Davening	Miss Chanchie Gorman	missgorman@bcmschool.ca
Grade 8 Novi/Halacha/ Toldos Chabad/ Parsha	Miss Perel Goldstein	missgoldstein@bcmschool.ca
Grade 8 Chumash/Sichos	Mrs. Aydla Wechter	mrswechter@bcmschool.ca
Grade 8 English Language	Mrs. Ester Zirkind	mrszirkind@bcmschool.ca
Grade 8 Math	Mrs. Chana Kopstick	mrskopstick@bcmschool.ca
Grade 8 Social Studies/Science	Mrs. Menucha Lavner	mrsLavner@bcmschool.ca
BCM reception	Mrs. Mandi Rosenberg	reception@bcmschool.ca
BCM administrative office	Mrs. Sara Raizel Rabin	sararaizel@bcmschool.ca
Bnos Chabad/ BCM Shlucha	Miss Chanchie Gorman Miss Sarale Sosover	shlucha@bcmschool.ca
M'chayil El Chayil– General Studies support	Mrs. Leah Gabay	mrsGabay@bcmschool.ca
Secretary	Miss Riva Goldwasser	secretary@bcmschool.ca
Assistant Principal for Junior High	Mrs. Menucha Lavner	mrsLavner@bcmschool.ca
Principal	Rabbi Yaacov Vidal	rabbividal@bcmschool.ca

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Y  
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U  
S  
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5  
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8  
4

# First Day of School

